

Brief description:

QIDS-SR screens for depression and assessing severity of depressive symptoms in clinical and research settings. Assesses DSM-IV criterion for major depressive episode. Items are scored using a 4-point scale (0-3).

Notes:

- Severity of depression can be judged based on the total score. 1-5 = No depression, 6-10 = Mild depression, 11-15 = Moderate depression, 16-20 = Severe depression, 21-27 = Very severe depression.
- This scoring manual is intended to be used only with the questionnaire version on braincode.ca.

Construct	Type of measure	Scoring	Variables from Data Dictionary
Overall severity	Continuous	Total Score of 9 domain items	Sleep domain + qids_005 + Appetite/Weight domain + qids_010 + qids_011 + qids_012 + qids_013 + qids_014 + Psychomotor domain
Sleep domain	Continuous	Highest score from items 1, 2, 3 or 4	qids_001 or qids_002 or qids_003 or qids_004
Appetite/Weight domain	Continuous	Highest score of items 6, 7, 8 or 9	qids_006 or qids_007 or qids_008 or qids_009
Psychomotor domain	Continuous	Highest score of items 15 or 16	qids_015 or qids_016
Response	Categorical	≥ 50% decrease in Total Score	
Remission	Categorical	Total Score ≤ 5	
Suicide	Continuous	Score of item 12	qids_012
Atypical symptoms (sleep, appetite, energy)	Continuous	Sum of items 4 (sleep), 7 (eating), 9 (weight) & 14 (energy)	qids_004 + qids_007 + qids_009 + qids_014
Overeating symptoms	Continuous	Sum of items 7 (eating) & 9 (weight)	qids_007 + qids_009

Reference:

- Rush AJ, Trivedi MH, Ibrahim HM, et al. The 16-item Quick Inventory of Depressive Symptomatology (QIDS) Clinician Rating (QIDS-C) and Self-Report (QIDS-SR): A psychometric evaluation in patients with chronic major depression. *Biological Psychiatry*, 54:573-583, 2003.
- <http://www.ids-qids.org/index.html>